

Learning Styles Quiz

1. What kind of book would you like to read for fun?

Tick only one oval.

- i. A book with lots of pictures in it
 ii. A book with lots of words in it
 iii. A book with word searches or crossword puzzles

2. When you are not sure how to spell a word, what are you most likely to do?

Tick only one oval.

- i. Write it down to see if it looks right
 ii. Spell it out loud to see if it sounds right
 iii. Trace the letters in the air (finger spelling)

3. You're out shopping for clothes, and you're waiting in line to pay. What are you most likely to do while you are waiting?

Tick only one oval.

- i. Look around at other clothes on the racks
 ii. Talk to the person next to you in line
 iii. Fidget or move back and forth

4. When you see the word "cat," what do you do first?

Tick only one oval.

- i. Picture a cat in your mind
 ii. Say the word "cat" to yourself
 iii. Think about being with a cat (petting it or hearing it purr)

5. What's the best way for you to study for a test?

Tick only one oval.

- i. Read the book or your notes and review pictures or charts
- ii. Have someone ask you questions that you can answer out loud
- iii. Make up index cards that you can review

6. What's the best way for you to learn about how something works (like a new mobile phone or a game)?

Tick only one oval.

- i. Get someone to show you
- ii. Read about it or listen to someone explain it
- iii. Figure it out on your own

7. If you went to a party, what would you be most likely to remember the next day?

Tick only one oval.

- i. The faces of the people who were there
- ii. The music that was played
- iii. The dance moves you did and the food you ate

8. What would you find most distracting if you were trying to study?

Tick only one oval.

- i. People walking past you
- ii. Loud noises
- iii. An uncomfortable chair

9. When you are angry, what are you most likely to do?

Tick only one oval.

- i. Put on your "mad" face
- ii. Shout and scream
- iii. Slam doors

10. When you are happy, what are you most likely to do?

Tick only one oval.

- i. Smile from ear to ear
- ii. Talk up a storm
- iii. Act really hyper

11. When in a new place, how do you find your way around?

Tick only one oval.

- i. Look for a map or directory that shows you where everything is
- ii. Ask someone for directions
- iii. Just start walking around until you find what you're looking for

12. Of these three subjects, which is your favourite?

Tick only one oval.

- i. Visual Art
- ii. Music
- iii. Physical Education (PE)

13. When you hear a song on the radio, what are you most likely to do?

Tick only one oval.

- i. Picture the video that goes along with it
- ii. Sing or hum along with the music
- iii. Start dancing or tapping

14. Which of these three things would you find most distracting in class?

Tick only one oval.

- i. Lights that are too bright or too dim
- ii. Noises from the hallway or outside the building (like traffic or someone cutting the grass)
- iii. The temperature being too hot or too cold

15. Which of the following would you be most likely to do to relax?

Tick only one oval.

- i. Read
- ii. Listen to music
- iii. Exercise (walk, run, play a sport)

16. What is the best way for you to remember a phone number?

Tick only one oval.

- i. Picture the numbers on the phone as you would dial them
- ii. Say it out loud over and over and over
- iii. Write it down or store it in your contact list

17. If you won a competition, which of these three prizes would you choose?

Tick only one oval.

- i. A poster for your bedroom wall
- ii. A music streaming voucher
- iii. A game of some kind (or a football or soccer ball, etc.)

18. Which would you rather go to with a group of friends?

Tick only one oval.

- i. The cinema
- ii. A concert
- iii. An amusement park

19. What are you most likely to remember about new people you meet?

Tick only one oval.

- i. Their face but not their name
- ii. Their name but not their face
- iii. What you talked about with them

20. If you were giving someone directions, what are you most likely to tell them?

Tick only one oval.

- i. A description of the landmarks they will pass on the way
- ii. The names of the roads or streets they will be on
- iii. "Follow me—it will be easier if I just show you how to get there."